

12 HOUR LEVEL II CHEMICAL AWARENESS

Chemical Awareness is a six session/twelve hour educational program involving lecture, media presentation, and question/answer discussion groups. The target population is identified chemical abusers who have never been diagnosed as dependent and who have never attended a Chemical Awareness type program in the past. Participants must be referred or assessed and evaluated as appropriate. A letter of attendance is provided on completion.

8 HOUR LEVEL I DWI EDUCATION

The target population is identified as individuals that have had one DWI. Participants must be referred or assessed and evaluated as appropriate.

REGISTRATION:

Call Monday - Friday from 10 AM - 6PM:
952-448-6557 to register. Pre-registration and full payment is required prior to the date of the class. Register early as seating is limited.



ASSESSMENTS

We provide chemical health assessments giving a referral and/or guidance on whether treatment is necessary. We accept most forms of health insurance. Co-pay and any deductible payment are due at the time of the assessment.

Available by appointment only

FIVE STARS RECOVERY CENTER



Call
952-448-6557

FIVE STARS RECOVERY CENTER
for additional information or to make
an appointment

All programming is available
in both day and evening hours.

FIVE STARS RECOVERY CENTER



Affordable and Caring Treatment

102 East 2nd St., Suite 110B
Chaska, MN 55318
952-448-6557
www.fivestarsrecoverycenter.org

*Manageable payment plans and
sliding fee available.*

PRIMARY RECOVERY PART I AND II

This program is an abstinence based program for individuals who have been diagnosed as chemically dependent. Part I is designed to focus on the powerlessness and unmanageability created by dependence on alcohol and drugs. Focus topics include living sober, rebuilding self-respect and self-esteem, values clarification, morals, relapse issues/triggers, learning to build a helpful sober support system, daily living concepts of step one, sponsor and sponsee relationships and a variety of other topics as requested by group members. Part I also includes a chemical health/family education lecture video series where families are encouraged to attend. During Part II, the individual learns to rely on ongoing relapse prevention, support for sobriety outside of the treatment setting and daily living concepts of hope and faith in recovery through the 12 steps. Participants also begin learning to live a new sober lifestyle and to assume personal responsibility in recovery.

PRIMARY RECOVERY - EXTENDED PART I AND II

Certain individuals have more in depth needs that require a longer course of treatment. In addition, it is our belief that long term treatment programming provides ongoing support and stability in the early phases of recovery. This program is an extension of the Primary Program. The Extended Program may be recommended based on the client's history and/or lack of support system.

PRIMARY RECOVERY PART I AND II WITH LODGING FOR MEN



Our lodging facility provides a higher level of client accountability than our Primary Recovery Outpatient program. Clients are housed in an offsite facility and transported to and from our client service center. While residing at our lodging center, clients will learn basic living skills and also be required to attend multiple outside 12 step abstinence based support groups. In addition to Primary Recovery, residents will receive an in depth education series on drug/ alcohol addiction and recovery.

RELAPSE RECOVERY PART I AND II

Relapse Recovery, Part I and Part II, is designed for individuals who have had a period of extended sobriety interrupted by a brief return to the use of mood altering substances. The treatment plan for this program will be determined by individual need and may be adjusted to meet changing needs during the course of the program. A professionally led Fourth Step preparation group is provided at no charge. Relapse Recovery Part I includes a chemical health/family education lecture video series where families are encouraged to attend.

PART II ALONE AFTERCARE

Part II Alone is available to individuals who have recently completed the equivalent of Part I of our Primary Recovery program in an inpatient or outpatient program and desire to complete aftercare at FIVE STARS RECOVERY CENTER.



CHEMICAL ABUSE RECOVERY 24 HOURS

Chemical Abuse Recovery 24 is a 9 session, twenty four hour intensive education/evaluation/assessment group therapy, involving lecture, media presentation, and question/answer discussion groups for persons who have been diagnosed as chemically abusive or who have attended a Chemical Awareness type program. Participants must be referred or assessed and evaluated as appropriate. A two hour assessment with the counselor is done upon completion to determine whether further treatment services would be beneficial. Most forms of insurance are accepted.

Telephone: 952-448-6557

www.fivestarsrecoverycenter.org

Fax: 952-448-6047